

Psychology

Waiting Room Activities

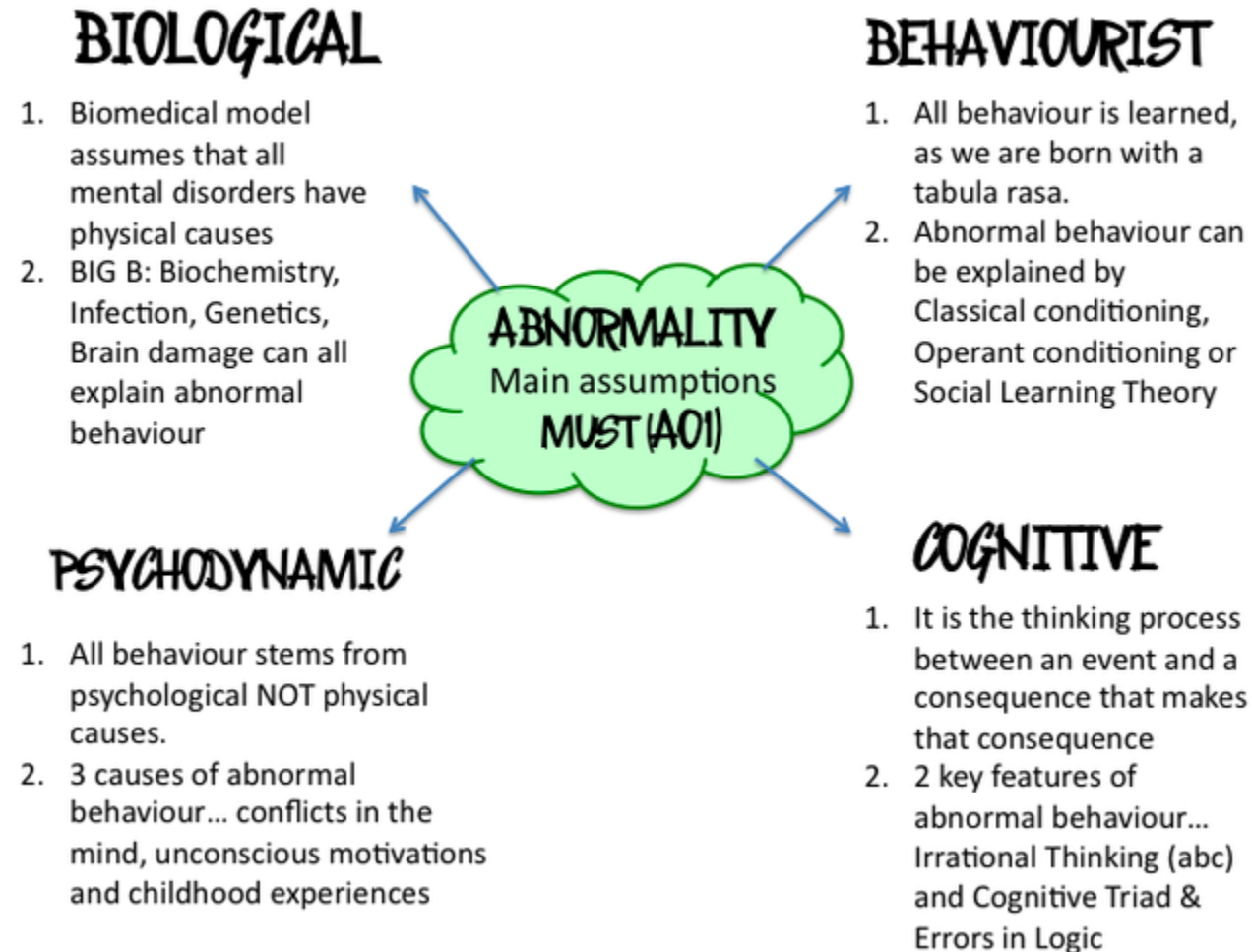
Activity 1

Over the course of the next two years you will be studying five different approaches in psychology. Whilst they all seek to explain the causes of human behaviour they do approach this in quite different ways.

Your job will be to understand the key similarities and differences in each. To help with this you should spend some time researching the following:

Biological Approach
Behaviourist Approach
Cognitive Approach
Psychodynamic Approach
Positivist Approach

Make notes on the five key things you have learnt about each of the approaches above. Be ready to discuss them once you start your psychology classes next week.



Activity 2

Watch at least two of these following videos from a series called Mindfield, and write a summary about the video, including one new fact you learnt (about psychology if you can):

Morality

[The Greater Good - Top Documentary Films](#)

Effects of sensory isolation

[Isolation - Mind Field \(Ep 1\)](#)

Conformity

[Conformity - Mind Field \(Ep 2\)](#)

Aggression

[Destruction - Mind Field \(Ep 3\)](#)

AI

[Artificial Intelligence - Mind Field \(Ep 4\)](#)

Free will

[Freedom of Choice - Mind Field \(Ep 5\)](#)

The power of touch

[Touch - Mind Field \(Ep 6\)](#)

Facial expression and emotion

[In Your Face - Mind Field \(Ep 7\)](#)

The introspection illusion

[Do You Know Yourself? - Mind Field \(Ep 8\)](#)

Moral licensing

[Moral Licensing](#)

Truth serums and false confessions

[Truth Serums and False Confessions](#)

Your brain on tech

[Your Brain on Tech](#)

The power of suggestion

[The Power of Suggestion](#)

Divergent minds

[Divergent Minds](#)

The electric brain

[The Electric Brain](#)

Activity 3

Watch **at least one** of the following videos, and write a summary about the video, including one new fact you learnt (about psychology if you can):

TED Talks:

- Psychology myths debunked
- Lessons from the longest study on human development
- Left brain vs right brain myth
- Exploring the mind of a killer
- How reliable is your memory?
- Debunking myths on OCD
- I am not a monster: Schizophrenia
- Women should represent women in media

TV shows

- Netflix: 100 humans
- Derren Brown series
- Three identical strangers (on netflix)
- Netflix: mindhunter
- Stacey Dooley - on the psych ward
- Netflix: Babies

Movies

- A dangerous method (Approaches in psychology)
- Memento (Memory)
- Good Will hunting (Childhood attachments)
- One flew over the cuckoo's nest (Psychopathology)
- 12 Angry Men (Social influence)
- The man with the 7 second memory (Memory)
- A beautiful mind (Schizophrenia)
- The soloist (Schizophrenia)
- Mockingbird don't sing (Childhood attachment)
- The Wave (social influence)